

IMPLEMENTING THE MATTERING MINDSET IN THE LEARNING ENVIRONMENT

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One of the teacher's tasks is to help create an atmosphere of empathy, understanding, and support. With every coming lesson, students feel the importance of a sense of belonging and a better understanding of themselves. When people truly realize they matter, they feel valued and included. This, in turn, can greatly improve knowledge acquisition and influence students' desire to become active participants in the lesson.

The **aim** of this article is to analyze the importance of changing the approaches to the teaching experience in modern society, including every student in the learning process and giving them all the possibilities of experiencing the benefits of teamwork, friendly attitude, and, most importantly, appreciating the students for who they are, notwithstanding their accomplishments.

The **results** of the work can be seen in the updated knowledge on the mattering mindset, its importance and influence on the learning process, and its outcomes.

The topic of mattering mindset has been at the center of attention of different authors. For Matthew Emerzian, the power of mattering is connected with the basic human need to feel seen, valued, and appreciated for who they are.

According to the Mattering Mindset, the foundation of “Mattering” is built upon the perspectives of “I Matter,” “You Matter,” and “We Matter”.

This is the belief that your value comes from who you are and the impact you make, not only from what you achieve. Kids who feel they matter are freer to take risks, recover from mistakes, and pursue learning with resilience.

We can implement the mattering mindset in the learning process by creating a community where every participant's presence and opinions are important. According

to this approach, students are considered partners whose contributions are vital to the overall educational outcome. When learners see their input in the learning environment, it improves the overall atmosphere of the lesson, fosters more fluent discussions, and leads to a higher level of knowledge. Rather than concentrating on their own marks, students focus on seeking knowledge. The contributions of every participant benefit the progress of the entire group of students.

As active learners, students analyze their progress, but instead of focusing on past assignments, the mattering mindset approach points the way to future development. This leads to being in charge of the learning progress rather than depending on the teacher for instructions.

This approach lets learners ask questions freely. Their curiosity and desire to learn shape the lesson, making it filled with unusual ideas and unexpected turns. Students see that they are heard and their participation matters. If they are supported by the teacher and other students, their self-esteem rises, and they become more motivated and interested in acquiring knowledge.

It is also important to keep in mind that mattering is important by itself, regardless of participation. It can encourage quieter students without making them feel left out. Understanding that your actions and presence have a positive impact on others fosters bonding and improves social skills.

The mattering principles offer new ways to organize lessons and conduct them in a trustworthy atmosphere. Leadership models can become different, seen as more collaborative and independent at the same time.

Feeling valued and having the opportunity to contribute can help to avoid loneliness and burnout. By showing others how important they are, we also gain by adding value to ourselves, as being able to make a difference in other people's lives leads to higher-quality connections among us, creates a trustworthy atmosphere, and boosts creativity and teamwork.

The mattering mindset approach can provide a roadmap for students to navigate their future lives and careers, offering insights into developing their soft skills. As in every lesson, structured in a way that makes everybody matter and where students feel confident and valued, it is possible to exercise empathy, develop self-awareness, and learn to manage personal emotions.

Conclusions:

A mattering mindset is of great importance to the modern approach to conducting lessons. The presence and contributions of every participant in the lesson add value and create unforgettable memories, enabling complete involvement, knowledge exchange, and the raising of learners' self-esteem. Acquiring knowledge in an atmosphere of trust and support prepares students better for their future careers.

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